



Newsletter

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Kolkata

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Editor, Annals of

Indian Academy of Neurology

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FROM THE SECRETARY:

Dear IAN members,

It gives me immense pleasure to come out with the second issue of the newsletter after taking over office as Secretary. The first six months after taking over change are always difficult as a lot of time is spent in understanding the processes and protocols. Thankfully, we have been guided in this by the past-Presidents, Prof. Mehndiratta and Dr. Meshram. Several matters have come up in the first six months of office. President, Prof. Mukherjee took up the task of charting out the scientific program of the IANCON 2015 from day-one and I can assure all members that he has come out with a stimulating scientific program to meet the requirements and interests of all. While choosing speakers, he has made an interesting mix of experienced faculty and younger enthusiastic members, and foreign and local speakers, while never forgetting the tremendous scientific contributions of Indian neurologists in the belief that our country has the best talents.

Prof. Mukherjee has also along with the Editor, Prof. Satish Khadilkar and other multiple sclerosis experts taken up the task of publishing a supplement of the Annals of Indian Academy of Neurology devoted to the status of Demyelinating Disorders in the Indian context. The project is supported by an unrestricted educational grant from Biogen.

Two subsection meetings have been organized, one on Headache (by the Headache subsection with Dr. Ravishankar and Dr. Debashish Chowdhury in charge) and the other on multiple sclerosis (by the Autoimmune Disorders subsection by Prof. Singhal, Dr. Lekha Pandit, and Dr. Deepak Arjun Das). Both meetings were widely attended and appreciated. Another two subsection meetings would have taken place by the time this newsletter reaches you: a headache symposium at Pune and the TROPICON, the annual conference of the Tropical Neurology subsection at New Delhi, of which Prof. MV Padma is the organising secretary. Prof. Mehndiratta organised an excellent summer school which was very well attended by students of Neurology from across the country.

Several other scientific activities have been planned. A subcommittee to formulate an advisory on Stem cell transfer has been formed under the leadership of Prof. Gourie Devi, while another subcommittee under Dr. Roop Gurshahani will examine end of life care issues in Neurological ICUs including universal determination of brain death.

We are currently updating the IAN website. Among the new features with a "Neurology News" feature under the charge of Dr. Sudhir Kothari, in which latests updates on published studies in international and national neuroscience journals will be put up. We also solicited write-ups, brochures and FAQs on common neurological disorders and several members enthusiastically wrote these up at a short notice for which we are immensely grateful. These will be put up for general public who view the website. Another feature for the general public will be "Find a Neurologist", which is a city-wise search option for neurological consultants who are members of the IAN. Basically, the website will be sectioned in to a site for general public and another for selective viewing by members only.

We look forward to many more members of the IAN and therefore would like to enlist the support Neurology Heads of Departments across the country, senior neurologists and those who are already members to encourage their neurology students and colleagues to become members. According to Medical Council of India data, about 160 new DM neurologists are trained every years. It should be that all of these become members of the IAN. Secondly, we solicit greater involvement of the younger neurologists in the scientific and extra-scientific programs of the IAN. After all, you the younger (and brighter) neurologists hold the future of the Academy and the country. Hence, we request you to be active with the IAN.

The IANCON 2015 beckons you to Agra, from October 1-4. The organising secretary, Dr. PK Maheshwari and his team are working hard to provide you with a memorable time. We look forward to meeting you all there; after all Agra will offer the best combination of tourism and neurological science.

Best Wishes,

Gagandeep Singh
Secretary, Indian Academy of Neurology



MID-TERM EXECUTIVE COMMITTEE MEETING
28th FEB to 01st MARCH 2015
IANCON 2015



Row 1 (Left to Right) (Sitting): Dr. Manjari Tripathi, Dr. Gagandeep Singh, Dr. Subhash Kaul, Dr. Arabinda Mukherjee, Dr. Chandrasekhar Meshram, Dr. Nirmal Surya, Dr. Sudhir Kothari, Dr. Ajit Sowani

Row 2 (Left to Right) (Standing): Dr. Bharti Bansal, Dr. Sanjeev Thomas, Dr. Sudhir Shah, Dr. P.K. Maheshwari (Organising Secretary, IANCON 2015), Dr. Laxmi Narasimhan, Dr. Ramakant Yadav, Dr. M. P. Singh, Dr. Sarvesh Aggarwal.

Indian Academy of Neurology Mid-term Executive Committee (Feb 28, 2015, Agra) Minutes

EC/2015/01/01 President called the meeting to order and welcomed all members. The meeting was attended by Dr. Arabinda Mukherjee, President, Dr. Chandrashekhar Meshram, Past-President, Dr. Subhash Kaul, President-Elect, Dr. Gagandeep Singh, Secretary, Dr. Nirmal Surya, Treasurer, Dr. Sudhir Shah, Dr. Ajit Sowani, Dr. Sudhir Kothari and Dr. Manjari Tripathi (Elected Members, Executive Committee) and Dr. Kalyan Bhattacharya and Dr. Lakshmi Narsimhan (CME Conveners). Regrets were received from Dr. MM Mehndiratta (Past-President) and Dr. Satish Khadilkar (Editor, Annals of Indian Academy of Neurology).

EC/2015/01/02 The minutes of previous Executive Committee Meeting was approved held at Chandigarh on 04-Nov-2014 and were proposed by Dr. Ajit Sowani and seconded by Dr. Subhash Kaul.

EC/2015/01/03 Action taken report was presented by Secretary, Dr. Gagandeep Singh. It was accepted, proposed by Dr. Arabinda Mukherjee and seconded by Dr. Manjari Tripathi.

EC/2015/01/04 The Secretary's report was presented by Dr. Gagandeep Singh (see pages 3-5 in the Newsletter Vol. 23, Dec 2014). It was proposed by Dr. Manjari Tripathi and seconded by Dr. Sudhir Shah.

EC/2015/01/05 The Treasurer's report was presented by Dr. Nirmal Surya (see pages 6-9 in the Newsletter, Vol. 23, Dec 2014). The report was proposed by Dr. Lakshmi Narsimhan and seconded by Dr. Meshram.

EC/2015/01/06 The Editor's report was presented by Dr. Gagandeep Singh on behalf of Dr. Satish Khadilkar (see page 14 in Newsletter, Vol. 23, Dec 2014). It was accepted, proposed by Dr. Nirmal Surya and seconded by Dr. Sudhir Kothari.

EC/2015/01/07 Report of Convener of CME (see page 14 in the Newsletter, Dec 2014) was read by Dr. Lakshmi Narasimhan. It was accepted, as proposed by Dr. Gagandeep Singh and seconded by Dr. Manjari Tripathi.

EC/2015/01/08 President, Dr. Mukherjee put forward a proposal comprising the undermentioned criteria for organization of scientific meetings under the banner of the IAN:

1. IAN logo can be used in annual meetings of IAN/schools organized by IAN.
2. IAN logo can be used in subsection meetings and updates with

Following conditions:

- i. IAN President or any member of the EC nominated by him will be the co-chairperson of the organizing committee of the meeting.
 - ii. One EC member will be a member of the organizing committee.
 - iii. Treasurer IAN will supervise the budget and spending.
 - iv. Program has to be finalized with concurrence from IAN Executive Committee.
 - v. Audited budget must be submitted within one year of date of completion of meeting and 50% of profit shall be deposited in IAN account.
3. Any other organization who wants to use IAN logo must apply to Secretary IAN at least 3 months prior with full details about faculty program, funding and sponsors.

In principle, IAN will not encourage programmes sponsored by a single industry house.

If the IAN subsection/organising committee of the meeting wishes to open a bank account in a local bank, they might do so. However, the IAN PAN Card cannot be provided for the opening of the bank

account.

EC/2015/01/09 The proposed CME Program for IANCON 2015, Agra was discussed. The theme of the CME was proposed to be "Clinical Neurology". The CME program was approved.

EC/2015/01/10 The proposed scientific program of the IANCON 2015, Agra was presented by Dr. Arabinda Mukherjee. It was decided to retain components of the earlier conferences including the IAN BarBQ (Quiz), the Debate, Hot topics in Neurology and Grand Rounds. In addition, a symposium of "Legal aspects in Neurological Practice" would be organised. The subsection symposium will be given to the Neurophysiology subsection. It was decided to do away with the written quiz as this would not be required with the IAN BarBQ, which is an oral quiz. The quiz master for the IANCON 2015 will be Dr. Kapil Sethi (Augusta, Georgia, USA) with assistance from Dr. Birinder S. Paul. The following were proposed for various orations:

IAN- Oration – Dr. Nadir E. Bharacha, Mumbai; Dr. B. S. Singhal Oration – Dr. Kuuzo Fujihara, Japan; Dr. Anupam Das Gupta Oration – Dr. Kallol Ray Chaudhari, London.

The proposed program was recommended by the Executive Committee.

EC/2015/01/11 The proposal for Association Management and a Centralised Office for running day-to-day affairs of the IAN including proposals from Event Management Companies were discussed (vide ECM Minutes, Meeting held on Nov 08, 2014, see pages 1-2 in Newsletter Vol. 23, Dec, 2014). It was noted and agreed by all that although a Centralised Office will possibly be required in the long-term, feasibility and cost currently precludes its institution in the IAN. Rather, the Executive Committee approved that the Secretary could employ an assistant with a maximal salary of Rs. 15,000/month and the Treasurer could similarly employ a part-time assistant with a maximal salary of Rs. 10,000/month in order to facilitate day-to-day working of the IAN. In addition, the Executive Committee approved the acquisition of a dedicated phone line for the Secretary's Office, which could be utilised by members for communication with the Secretary's Office (a prepaid phone with number portability to be acquired).

EC/2015/01/12

Various Correspondence:

- (a) Letter from Dr. Vinay Goyal regarding rules and regulations for IAN Summer School, in particular a fixed format and the charging of a registration fees for the Summer School was discussed. It was agreed that a nominal registration fees of Rs. one thousand (1,000) only be charged for the Summer School; however, the format could vary as per the Organizing Committee's decision based on local needs and resources. Furthermore, it should be mandatory that all attendees be registered as Associate Members of the Indian Academy of Neurology
- (b) Letter from Dr. Gigy Kuruttukulam, 'Interventional Neurology Subsection' regarding subsection activities and meetings, and proposals for the organisation of a national-level subsection meeting and an interventional neurology course spread out over 2 years were discussed and approved. Dr. Kuruttukulam had also requested for a half-day sub-section symposium at the IANCON 2015, which the EC noted was not possible, though the feasibility of a shorter session would be explored.
- (c) Letter from Dr. Madhuri Behari regarding a case of plagiarism at a Movement Disorders Conference in Thailand was discussed. While the act itself is condemnable, it was noted that none of the authors were members of the IAN or neurologists.

Hence, it might not be appropriate for the IAN to act in this context.

- (d) Proposal from the Secretary regarding the organization of a meeting in collaboration with the Indian Council of Medical Research to formulate an advisory / guidelines / recommendations for clinical practice in relation to stem cell treatment in various neurological disorders was approved. Prof. Gourie Devi would liaise with the ICMR. It was noted that she has already had preliminary discussions with Dr. Geta Jotwani, Officer-In-Charge Stem Cell Treatments at the ICMR.
- (e) Letter from Dr. Vikram Patel, Public Health Foundation of India for signing a Memorandum of Understanding with the Public Health Foundation of India to organize and conduct neurological meetings and CMEs for General Practitioners in various cities of India was discussed. However, it was decided that such meetings could be organized by the IAN itself and should be the responsibility of the advocacy sub-section.
- (f) Letter by Dr. VP Singh, Secretary, Neurological Society of India regarding reciprocal arrangements so that the President of NSI would be invited to speak at a plenary session of the IAN and vice-versa (President IAN to speak at a plenary session of the NSI) was discussed and agreed upon.
- (g) Proposal from Dr. Rahul Kulkarni, Pune regarding the possibility of provision of Clinic management software for IAN members was discussed. Web-based storage drawbacks including privacy and confidentiality issues were considered. Hence, a personal computer-based facility was approved subject to formulation of strict rules and regulations for use and signing a formal agreement. Sharing of data could be done based on ethical and research considerations.
- (h) Letter from Dr. Pratap Sanchettee regarding opening of subsection account for the Tropical Neurology subsection. It was decided to defer opening of subsection accounts till clearance is obtained from auditors in view of taxation liabilities on the IAN. Subsections may however open temporary bank accounts before subsection meetings but such accounts should be closed within one year and unspent balance and audited accounts be submitted to the Treasurer, IAN.

Communications between the Secretary IAN and Dr. Jeyaraj Pandian, Organising Secretary World Stroke Conference, Hyderabad, 2016 were discussed. It was unanimously approved that the IAN should offer endorsement to the World Stroke Congress. The Executive Committee offered the portals of the IAN website and newsletter to disseminate information about the Congress.

- (i) Proposal from the Secretary regarding the need for constituting various committees with the purpose of involving more members, particularly junior and mid-level members and EC members in the working of the IAN was approved
- (k) Letter from Dr. KP Vinayan proposing that paediatric neurologists be allowed to become members of the IAN and be allowed to form a separate subsection was discussed and approved. EC/2015/01/13 Proposed changes in process of Membership Application based on a communication from the Secretary was discussed. It was felt that there exist problems with the current membership application process, which at presently is exclusively online. A combination of online applications and paper forms-based applications should be in force. The application forms should be made available at a stall during the IANCON and other IAN scientific meetings offering spot memberships. A letter to all Heads of Neurology departments across the country be written requesting them to encourage their junior colleagues and students to become members. Membership application forms would also be available through the newsletter. Dr. Ajit Sowani will be in charge of the Membership drive of the IAN.

EC/2015/01/14 Seven applications were received for

consideration of fellowship of the IAN and forwarded to the Nomination Committee for consideration. Five of the applications were approved by the Nomination Committee: Dr. K. Venkateswarlu, Vishakapatnam; Dr. V. Natrajan, Chennai; Dr. R. S. Jain, Jaipur; Dr. B. Rajendran, Cochin; Dr. Apoorva Pauranik, Indore.

The IAN international travelling fellowship was awarded to Dr. Vishnu V Y, Senior Resident, Department of Neurology, Postgraduate Institute of Medical Education & Research, Chandigarh.

EC/2015/01/15 Proposal regarding the facility of professional indemnity insurance to be provided to members of the Academy was discussed. This proposal will be presented to the ECM during IANCON 2015 at Agra. Proposal from the Secretary regarding creation of a facility that offers limited/preliminary legal advice and counsel to members on legal issues was examined. The proposal will be presented at the ECM meeting at Agra.

EC/2015/01/16 Letter from Dr. Roop Gursahani regarding the constitution of a subcommittee that would examine and provide recommendations on "end of life care", including the need for uniform criteria for brain death was discussed and approved. Dr. Gursahani was authorised to constitute such a subcommittee among IAN members and other special invitees and organise an expert group meeting to discuss the issue. The recommendations of the subcommittee would be discussed at IANCON 2015 in October.

EC/2015/01/17 Followings are the other matters were discussed with permission of the Chair:

- 1 It was proposed to open a saving bank account in a nationalized bank, preferably State Bank of India, Mumbai.
2. The need for including a press conference with the office bearers of IAN and the IANCON Organising Committee and invited overseas faculty was discussed and this was felt to be a feasible option. The responsibility of organising the Press Conference would be with the Secretary of the Local Organising Committee and the Secretary IAN will liaise with the Organising Secretary so as to fix up the time, date and venue.
3. The possibility of organising light extra-curricular meet of the members (including singing, dance etc on one of the evenings at the IANCON) was discussed and approved. This will be implemented from the next year.
4. A proposal for electronic voting (vide ECM minutes, meeting held on Nov, 2014, see pages 1-2 in Newsletter Dec, 2014) was discussed. The previous experience with electronic voting in other scientific societies has not been very encouraging. Many members still prefer the conventional voting system. Hence, it was agreed that the usual system of voting will be applied to the President-Elect elections in 2015; however, the feasibility of dummy elections should be explored.
5. Dr. Arabinda Mukherjee expressed his unavailability to attend the XII World Congress of Neurology at Santiago, Chile. In his absence, Dr. Chandrashekar Meshram would represent Indian Academy of Neurology as National Delegate.
6. The IAN website is to be revamped and contract for the same has been signed with Ms. Meridean, Cochin. The new website will feature a Neurology News section, which will be coordinated by Dr. Sudhir Kothari and will provide updates on latest research findings in different subspecialties of neurology and guidelines for management. It will also feature "Find a Neurologist" facility, where the general public could access names and office addresses of life members of the IAN who are available for consultation on a city-wise basis. In addition, information brochures and FAQs on various neurological disorders will be put up on the website.

EC/2015/01/18 The Electoral officer for the election of the President-Elect for the year 2015-2016 will be Dr. Subash Kaul. The notice of the election will be given by April 30, 2015.

SECRETARY'S REPORT

Mid-term meeting on 28.02.15 at Agra

President Sir/EC members

The following is the Secretary's report for the Mid-term Meeting:

1. Membership: Since the last EC meeting in November 2014 in Chandigarh, we have received only 2 new application for Life Membership and 2 applications for Associate Membership. This is somewhat a dismal record and we need to determine ways and means to improve the membership by:
 - a) Simplify the online membership process (Annex. 18)
 - b) Have a IAN counter/stall during the IANCON as well as other IAN meetings with paper forms to facilitate membership application process.
 - c) Formation of a Membership Drive Committee under one of the EC members to look into ways and means to improve membership and also to encourage junior neurologists to become members.
 - d) Write to all Neurology HODs to encourage residents and DM passouts to become members and also to provide us with lists of such potential members.

2. Website: The AMC contract for the website has been renewed. We plan to revamp the IAN website with the following features: The website will be basically divided into 3 sections: (1) for members exclusively, (2) for professionals and (3) the lay public. The members only section will include the Guidelines, a Neurology News section co-ordinated by Dr. Sudhir Kothari and forms for fellowship, travel etc. The professional section will include information for DM students etc and the lay public section will have pages for Neurology FAQs and Information Brochures and a page for finding out neurologists in various cities of India.
3. Writing pads for use by EC members have been made and will be circulated.
4. Bills Summary and their actual receipts.
5. New proposals for various activities are included in the Agenda.

Gagandeep Singh
Secretary, IAN

TREASURER'S REPORT

It was pleasure to take over as Treasurer of IAN at Chandigarh, the process of taking over from previous treasurer is still on as there are too many formalities for the accounting shifting.

The account was open in Kotak Mahindra Bank on 14.12.14 and Dr Pal transfer Rs 5 Lac on 29.12.14 from SBI account Bangalore, rest fund still to be transfer.

Total 6 members fee received 2ALM (8000), 2 LM (16000) 2LM bank transfer (16000) forms of these not received. **Total Balance fund on 09/02/2015- Rs. 5,39,900/-**

A detail discussion was done with the CA and the Auditors who has suggested following report as well as suggestions after going through the audited reports of past 4 years.

With regards to the discussion held on 25th of February 2015 for and in the interest of society as well as its members, there are some requirements for the statutory compliances in time, stated as under:-

Requirements:

Original Copies of: - (Point No. 1 to 9 mentioned hereunder)

1. Memorandum of Association /Articles of Association or Bye-Laws of the society.
2. Certificate of Registration of Society.
3. Certificate of Registration of Society as a Public Trust (if any).
4. Certificate of Registration u/s 12A of the Income Tax Act, 1961.
5. Certificate of Registration u/s 80G of the Income Tax Act, 1961 (if any).
6. PAN Card.
7. Any Change Report prepared or filed for changes made in Memorandum of Association /Articles of

Association or Bye-Laws of the society.

8. Counterfoil of the receipt issued to the donor.
9. Minutes book of all the meetings of Board of the society and members thereof.

Xerox Copies of: - (Point No. 10 to 21 mentioned hereunder)

10. Letter of Allotment of Tax Deduction Account Number (if any).
11. Form No. ITR-V (Acknowledgement of return of income, Income tax return in form no. ITR 7, Report (in Form 10B), Audited Financials-Balance Sheet, Income and Expenditure Account, Schedules annexed thereto. Report of an Auditor as per Rule 33 & 34 for the Financial Year ended on :-
 - a. 31/03/2014
 - b. 31/03/2013
 - c. 31/03/2012
 - d. 31/03/2011
 - e. 31/03/2010
 - f. 31/03/2009
12. Bank Passbook or Bank Statements of all the bank accounts for the period started from 1st April 2008 to till date.
13. Books of accounts for the period started from 1st April 2008 to till date. (Along with Soft copy)
14. Fixed Deposit Receipts.
15. RBI Relief Bonds Receipts.
16. UTI Mutual Funds Statements.
17. Supporting's for Earmarked Funds.
18. Copy of 26AS statement.

19. Application forms of the members.
20. Notices issued by any governing authority and submission made in response to that.
21. Any letters/documents of dispute raised by the member or outsider, if any.

Suggestions:-

1. A discussion is needed to decide about the Registration of Society as a Public Trust (if not registered).
2. To save the interest of the donor or for tax saving of donor, it is advised to get Registration u/s 80G of the Income Tax Act, 1961 (if not done).
3. Submission of Form 15H with banks to avoid Tax Deduction at Source, as there is no liability of society towards income tax and funds get blocked till refund of tax issued by the Income Tax Department.
4. It is advisable to consolidate the Fixed Deposit receipts of the bank to avoid hassles arising due to various number of FDR, if any wrong PAN entered at the time of filing TDS returns by the bank, society loses that credit of TDS as it is not shown in 26AS of the society.
5. Original FDR certificates should be kept within the appropriate custody to avoid cases of FDRs being pledged without appropriate authority.
6. There is a huge balance in Savings account of Rs.49,89,843/- on 31/03/2014. It is suggested to

invest that in the bank FDR, and pledge the same FDR as security of an Overdraft account with the same bank resulting into saving of opportunity loss of interest.

7. It is suggested to rectify the date of incorporation in PAN database. It is wrongly mentioned 10/09/1992 instead of 16/12/1991. PAN - **AAAAI1073J** shows it is registered as AOP and not as a public trust.
8. Society has invested in UTI Mutual Fund of Rs.3,07,800/- yielding dividend income of Rs.22,165/- which is merely 7.2%. On the other hand, investments in RBI Relief Fund and Fixed Deposit worth Rs.17,50,000/- and Rs.1,85,22,828/- respectively yielded Rs.22,80,576/- @11.25%. A wise investment decision is appreciated.
9. Format of receipt issued towards donations in cash or kind should be checked to avoid any legal battle for the same.

I will be again having discussion with the CA and auditors in April 2015 in new financial year with all documents coming from Bangalore and should work out the best strategy for the IAN portfolio management which I shall present at AGM in Agra.

Dr. Nirmal Surya,
Treasurer, IAN

EDITOR'S REPORT

President, Secretary and Members of the Executive Council,

I present the editor's report of Annals of Indian Academy of Neurology for February 2015.

- The journal received 650 manuscripts in 2014 and in 2015, 95 manuscripts have been received. The trend continues to go on towards consolidation. There is a little change from the previous years in that the number of original articles based on a hypothesis are increasing, which is welcome. However, case reports still dominate the submissions.
- In view of this, it was discussed in the previous meeting, that a possibility of starting a second journal of case reports be explored. To this effect, a proposal has been submitted to the Medknow Publications. The points put to them are a) the journal will be a subsidiary of the Annals of Indian Academy of Neurology and will be governed by the Indian Academy of Neurology. b) while both the journals will have common factors, it is desirable to de link the second journal for the purposes of impact factor calculations. This will anyway take more than two years from its inception. c) to look into the possibilities of making this second journal as an electronic journal only, if it helps costings.
- Medknow is expected to send their feasibility report shortly.
- As and when we do undertake the second journal, production costs will go up. Presently, as you know, the journal maintenance comes through advertisements and yearly

donations given by IANCONs and is thus self sufficient, but may not remain so with the addition of second journal.

- A supplement on multiple sclerosis is commissioned by the president, Dr Arabinda Mukherjee. A mixture of Indian and overseas experts have been contacted so that the theme of advances in the field of multiple sclerosis and its application to local situation can be best explored. Half of the authors have agreed and we await to hear from the remaining. We propose to finish the work of supplement by mid year. It will be best to publish the supplement independently so that visibility is improved and hence it could be web published between second and third issue (if all manuscripts are received on time). The hard copy of supplement can be dispatched along with the third issue to reduce the postage.
- Two new sections are being considered, with an idea of providing useful information to the large section of practicing neurologists.
- 1) How I do it 2) Five minute review.
- First will cover the practical approach to a practice problem or a Clinical constellation and the second will give a "to the point evaluation" of what has newly happened in the subject in the past three years.

Many thanks
Satish Khadilkar

23rd Annual Conference of Indian Academy of Neurology

October 1-4, 2015
Venue : J P Hotel and Resorts, Agra
Contact : Dr. P. K. Maheshwari, Organizing Secretary,
E- mail : info@iancon2015.com
Web : www.iancon2015.com
Helpline : +91-09810084342

IAN Traveling Fellowship

Application from Life/Associate/Life Associate members, less than 40 years of age are invited for travel grants in order to attend a international or national conference in the second half of 2015. Two grants are available (one international Rs. 40,000 only and one national Rs. 30,000 only). The deadline is April 30, 2015. For more details, please visit : <http://www.ian.net.in/uploads/files/IAN%20travel%20fellowship.pdf>

2015 IAN Elections

Elections will be held for the post of President-Elect, Indian Academy of Neurology 2015-2016. Applications on the prescribed nomination form enclosed in this newsletter and also available on our website may be sent to the Electoral Officer.

Deadlines

Last date & Time for Receipt of Nomination: June 15, 2015 05.00 pm
Last date & Time of Withdrawal: July 06, 2015 05.00 pm
Last date & Time of Receipt of Ballot Paper: August 31, 2015, 05.00 pm

Eligibility Criteria:

The President-Elect shall be a Life member of Academy at least for 15 years continuously and served in the EC in any capacity for a minimum period of three years.

P.S.: Only L.M. can file in nominations, propose and second

Please enclose a brief bio-data of the nominee in not more than 200 words.

Completed form should be sent (By registered or Speed Post only) to

Dr. Subhash Kaul

President - Elect and Electoral Officer

Department of Neurology,

Nizam's Institute of Medical Sciences,

Punjagutta, Hyderabad – 500082

Telangana, India.

Email Id: subashkaul@hotmail.com

Tel: +91 – 9848043329

Obituary

I am extremely sorry to inform the sad demise of founder Director of National Institute of Mental health and Neuro Sciences (NIMHANS) Prof. Ravi Marthanda Varma (R.M. Varma) on March 10, 2015 after a brief illness/his contribution to the field of Neurosciences in India and in particular to NIMHANS is exemplary and unmatched. We pray that almighty to rest his soul in peace.

New Members / Life Members

1	LM-1043	Dr. Chowdam Sreenivasulu	Rusya Sree Neuro Clinic, Opp. Govt. General Hospital, Near New Ayyappa Swami Temple, Saptagiri Nagar, Budhawarpet, Kurnool, Andhra Pardesh
2	LM-1044	Dr. C. Senthilvel	Senthil Multi Speciality Hospital, 547 Perundurai Road, Collector Office, 638011, ErodeTamil Nadu
3	LM-1045	Dr. Praveen K. Yadav	Associate Consultant Neurologist, The Mission Hospital, Immon Kalyan Sarani, Sec-2c, Bidhan Nagar, 713212, Durgapur, West Bengal
4	LM-1046	Dr. Rupjyoti Das	GNRC Hospital Limited, Dept. of Neurology, Super Market, Dispur, Guwahati, Kamrup (Metro), 781006, Guwahati, Mumbai
5	LM-1047	Dr. Vasant Ramesh chandra	Dangra Rajashree Nursing Home, 3rd Floor, Yugdharma Complex, Central Bazar Road, Ramdaspath, 440010, Nagpur, Maharashtra
6	LM-1048	Dr. Sruthi S. Nair	Department of Neurology, Sree Chitra Tirunal Institute of Medical Sciences, 695011Thiruvananthapuram, Kerala Life
ASSOCIATE MEMBERSHIP (LAM)			
7	LAM-177	Dr. Sivakumar Ramachandran	No.12, Nellai Appar, Second Street, Bharathipuram, Chrompet, 600044Chennai Tamil Nadu
ASSOCIATE MEMBERSHIP (AM)			
8	AM-775	Dr. Rima Mayuresh	Chaudhari3, Sundaram chs, near GurukulSociety, Panchpakhadi, Thane west, 400602, Mumbai, Maharashtra
9	AM-776	Dr. Ruby Chopra	Department of Neurology, G.B. Pant Hospital110002, New Delhi Delhi
10	AM-777	Dr. Soumya Sharma	Department of Neurology, G.B. Pant Hospital110002, New Delhi Delhi

National Headache Update at Udaipur, December, 2014

Headache disorders constitute a major challenge in Specialist and GP practice. Despite its common occurrence, there are a lot of barriers for lack of interest in Headache medicine in India. Chief among them is lack of well designed comprehensive headache learning programs and CMEs. In this regard, a National Headache Update at Udaipur, Rajasthan was conducted on 20th and 21st December, 2014 focussing primarily on physicians (internists) and local neurologists under the aegis of Headache Subsection of IAN. Dr Debashish Chowdhury was the course director of the programme. Dr K Ravishankar was the chief coordinator.

The update was a grand success and was attended by 160 delegates (about 100 neurologist and 60 physicians) from all over the country. It was hearing to have the presence of both the President and Secretary of IAN, Dr Arabindo Mukherjee and Dr Gagandeep Singh respectively, during the update to boost the growth of Headache Medicine in India. The program consisted of 15 lectures, 1 debate and 7 clinical cases spread over 2 days. The topics included Migraine, Trigeminal autonomic cephalalgias, Tension type headache, Medication overuse headache, and other primary headaches. There were also lectures on thunderclap headaches, trigeminal neuralgias and few headache overlaps like migraine and stroke and evaluation of papilloedema in headaches. Unlike in many programs, adequate discussion time was given after each session which resulted in active and engrossing discussion for each topic. 7 clinical cases added variety and mostly consisted of unusual cases of secondary headaches. Finally the lively debate on the topic "Do all new onset headaches need a neuroimaging? between Dr Ambar Chakrovarty and Dr Sumit Singh generated a lot of "heat and dust". The closing verdict of the house strongly emphasised that imaging is no substitute for good, accurate and astute clinical skills.

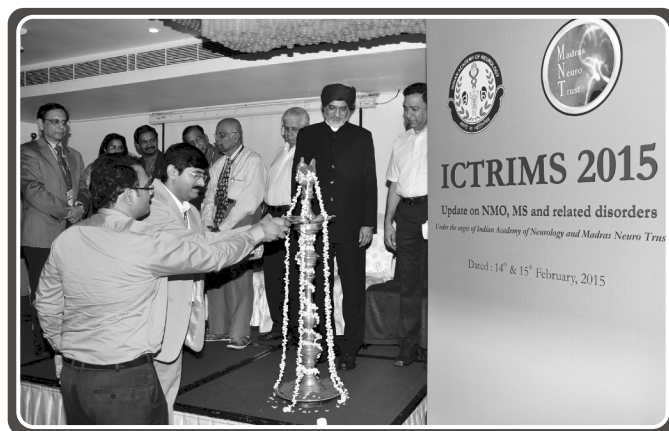
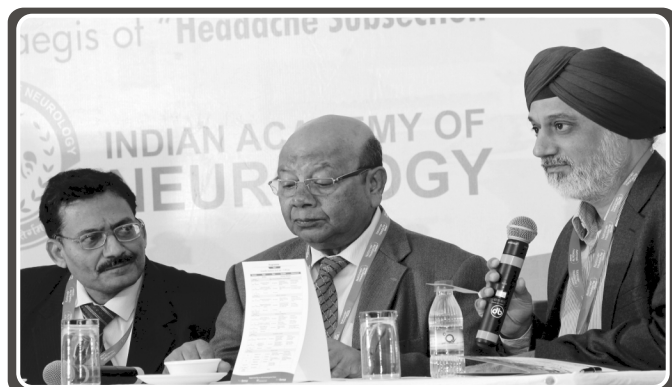
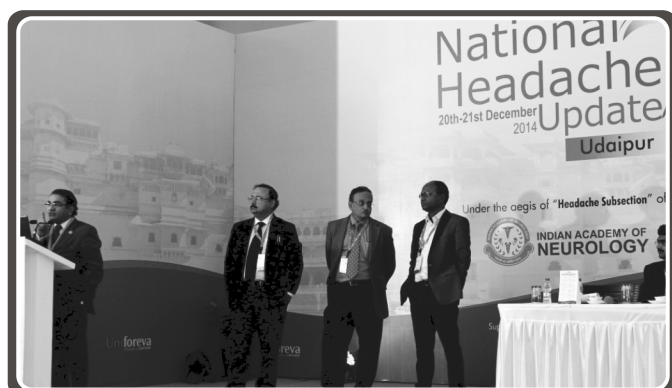
Thus overall, the National Headache Update was a grand success. The Headache subsection of IAN needs to continue the CME programs in future too.

Report prepared by Dr. Debashish Chaudhury.

ICTRIMS 2015

The first mid term meeting of the IAN subsection on autoimmune disorders of the CNS - ICTRIMS 2015 , was held in Chennai on 14th and 15th of February 2015. It was jointly organized by Dr Lekha Pandit ,protem convenor of the IAN subsection on autoimmune CNS disorders and Dr Deepak Arjundas under the banner of the Madras Neuro Trust and IAN. Held at Hotel Savera, the two day event saw participation of over 100 delegates and included consultants and trainees. It was attended by The IAN President Dr Arabinda Mukerjee and IAN Secretary Dr Gagandeep Singh. The chief speaker was Dr Anu Jacob, Consultant Neurologist at Walton center ,Liverpool, UK who spoke on the latest developments in Neuromyelitis optica and its treatment. Other speakers included Dr AK Meena, Dr Nasli Ichaporia , Dr Mathew Alexander , Dr Sunil Narayan,Dr Suresh Kumar,Dr Sudheeran, Dr Ambika Selvan ,Dr Vishwanathan and Dr Lekha Pandit. A variety of topics aimed at practical management of autoimmune disorders including Multiple sclerosis, Neuromyelitis optica, Autoimmune encephalitis, Optic neuritis and Pediatric demyelinating disorders were covered. It is proposed to hold a mid term meeting yearly after the success of this first meeting.

Report prepared by Dr Lekha Pandit



IAN SUMMER SCHOOL 2015

Report on Indian Academy of Neurology Post Graduate Summer School 2015

Indian Academy of Neurology Post Graduate Summer School 2015 was held at Janakpuri Super Speciality Hospital (An Autonomous Post Graduate Institute under N.C.T.Govt of Delhi), C-2/B Janakpuri, New Delhi-110058 on March 21st & 22nd 2015 (Saturday thru Sunday).

We planned to restrict the registration to maximum 50 but because of enthusiastic response we had to accept 46 more registrations. We had 45 faculty members and 96 delegates (D.M & DNB-Neurology Residents) from all over the country who attended the program.

The school started at sharp 0830 Hrs. and 0800 Hrs. respectively on Saturday and Sunday. Theme of the program was "Case Based-Clinical Neurology". The idea of mentor, mentee and session monitor was conceptualized in the IAN summer School program for the first time. The session Monitor introducing the Chairpersons and monitored the whole session and the mentee presenting the case say of Alzheimer Dementia and mentor (Teacher) discussing the clinical approach to dementia to guide students as to what should be their approach in the neurology examination. This concept was very received by the faculty and residents.

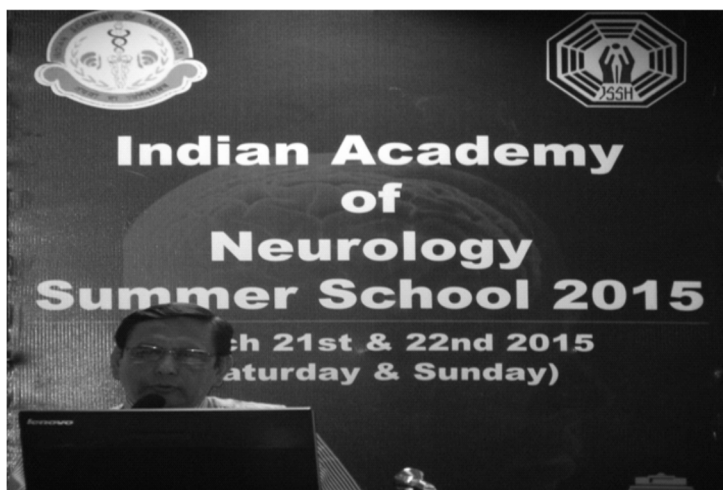
The school was inaugurated by Dr. Arabinda Mukherjee, President Indian Academy of Neurology and the occasion was also graced by Dr. Subhash Kaul, President Elect, Dr. Chandrashekhar Meshram and Dr. Man Mohan Mehndiratta past presidents of Academy, Dr. Gagandeep Singh Secretary, and Dr. Manjari Tripathi EC Member of IAN. Dr. Satish Khadilkar, Editor, Annals of Indian Academy of Neurology and Dr. Lakshmi Narsimhan, CME Convenor.

Dr. Nirmal Surya, Dr. Sudhir Kothari, Dr. Sudhir Shah, Dr. Ajit Sowani and Dr. Kalyan Bhattacharya who could not attend the meeting due to other parallel commitments but sent their best wishes for the success of this academic endeavour.

Dr. Arabinda Mukherjee, President Indian Academy of Neurology addressing the participant after the inauguration of IAN Summer School 2015

The program was designed for the postgraduate trainees pursuing DM or DNB courses in Neurology in India. A panel of experienced Mentors and Faculty conducted this course, which included 09 sessions covering, a case of ataxia, stroke, dementia, Neuro imaging conventional, delirium, headache in Child and adult, Spotters- Myopathy, Epilepsy, Sleep Disorder, refractory epilepsy, Pre-surgical evaluation of refractory epilepsy, Management of a case of autonomic dysfunction, Diagnostic Part 2: EEG, Emergencies status epilepticus, Case vignettes in paediatric neurology, language dysfunction, attractive Video Sessions, A case of proximal muscle weakness, Recent Advance in muscular dystrophies, acute flaccid paralysis, Guillain- Barre Syndrome, Approach to a case of double vision, Parkinsonism, Movement Disorder, Inflammatory demyelinating, Autoimmune and paraneoplastic, Encephalitis- recent advances, Ethical dilemmas in neurology and brain death, Diagnostic Part 4: Neuropathology, Discussant Neuropsychiatry case etc.)

The program started with take-off test for Residents before the school quiz in the form of MCQ (Preschool and in the end of program Post school MCQ). A total of 34 delegates participated in Pre School MCQ test and 04 delegates who scored highest marks were given certificates of appreciation. While 53 delegates participated in the Post School MCQ test and 09 delegates who scored highest marks were given certificates of appreciation. The school closed on Sunday at 1800 Hrs. with good amount of level of satisfaction and with an academic feast.



Dr. Man Mohan Mehndiratta
Organizing-Chairman

Dr. Gagandeep Singh
Chairman-
Scientific Committee



Dr. Achal Srivastava
Organizing-Secretary

Dr. S. P.Gorthi
Treasurer

TROPICON, 2015

India as a quintessential developing country is passing through an epidemiological transition with dual burden of non communicable diseases as well as communicable diseases . With improvement of health care services in preventive and promotive domains, many of these diseases are declining. However, the neurological disorders peculiar to India continue to prevail which includes infections, inflammations, deficiencies, poverty, malnutrition, toxins and poor hygiene. It is crucial therefore, to determine and understand the magnitude and pattern of neurological disorders in India to facilitate planning and prioritizing health needs at the local, regional and national levels of health care delivery system with necessary human resources, development of infrastructure, to provide accessible and affordable medical care with allocation of requisite funds to fulfill these objectives.

The tropical climate itself becomes conducive to peculiar diseases such as certain variety of infections, dehydration leading to vaso occlusive diseases etc which makes discussion on these specific issues imperative and lend credence to have events such as TROPICON relevant to India. TROPICON 2015 was held in IHC, Delhi from 11th – 12th April 2015. It was organized by Department of Neurology AIIMS, with Prof. K.Prasad as the organizing chairman and Prof. Padma Srivastava as the Organizing secretary. A galaxy of faculty from across the length and breadth of the country participated in the event and were chosen for their personal expertise and contributions to different aspects in tropical neurology. There were a record number of registrations crossing 300, perhaps the largest so far in TROPICON held till now. The event started with deliberations on CNS tuberculosis with special emphasis on strokes in TBM, hepatitis, resistance to ATT, tuberculomas and DOTS regimes in TBM. The session derived extreme interest and very active participation by all. This was followed by CNS infections including infectious neuropathies including leprosy, viral encephalitis, and an exposition on Rabies. In the evening there was an inaugural ceremony with the Director AIIMS, Prof. M.C.Misra as the Chief guest and Prof. N.K.Misra, Chief of Neurosciences Center AIIMS as the Guest of honour. The book on Tropical Neurology written by Prof. P.Sanchete and Prof. S.Narayan was released in the inaugural ceremony. The book was very well received and was strongly recommended. There was also an inaugural offer of a discounted price for purchase of the book in the conference.

On the 2nd day, the session started early at 8 AM with Infections of CNS continued with rare tropical infections seen at JIPMER and the extensive experience on Cerebral Malaria given by Dr.Kochar. Stroke in India session had topics on CVT, stroke in Young and priorities in resource poor settings to reduce stroke burden. Next session was on Autoimmune diseases spectrum in India . There were also rare topics covered such as on atmospheric pollution, role of trace metals, the relevance and role of vitamin B12 and Vitamin D with special reference to India and lastly the resource poor settings in India and Epilepsy management. The conference also had poster presentations by the neuroscientists group and a mediquiz which was conducted for young neurologists.

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Professor
Department of Neurology
AIIMS, New Delhi



Xth World Stroke Congress 2016 will be held in Hyderabad, India

The Indian Stroke Association (ISA) won the bid to host the World Stroke Congress (WSC) 2016 in Hyderabad International Convention Center from October 26th to 29th, 2016. ISA won the bid against Beijing, China to organize this prestigious conference. WSC is the official congress of World Stroke Organisation (WSO) and this congress is held every two years in different continents. More than 3500 delegates from all over the world are expected to attend this important meeting. A joint WSO and Indian Academy of Neurology (IAN) session is being planned in the congress. The ISA sincerely thanks the IAN for their support during the bidding process. I request the IAN and its members to raise the awareness about WSC 2016 in their own regions. The registration fee has been subsidized for Indian neurologists and trainees. Further details of the congress can be obtained from <http://wsc.kenes.com/>

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